

YOUR GUIDE TO

replacing missing teeth



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WHY REPLACE MISSING TEETH?

Good dental health makes life easier in many ways. A full set of healthy teeth helps you to chew, eat and speak without pain or complications. It also contributes to your overall health and makes it easy to smile. Dentures, missing teeth, ongoing gum disease, or badly worn teeth all contribute to oral health issues and may also make smiling uncomfortable.

Losing a tooth affects your smile's appearance and, maybe even more so, your general health, depending on the location of the tooth. Many people do not understand the health complications that can arise from ignoring even one missing tooth. If you lose a tooth in the back of your mouth and it's not very noticeable when you smile, you may think it doesn't really matter if you have it replaced or not. The truth of the matter is that underneath the surface, your oral health quickly begins to suffer. This includes:

- Deteriorating jawbone and jawbone density
- Neighbouring teeth becoming misaligned
- Stability and structure of your arches becoming compromised
- Common Jaw and neck pain, and headaches
- Loss of multiple teeth leading to issues with speaking and eating

ALL ON 4

Improve your quality of life

If you are struggling with loose dentures, or have teeth that may be failing, all on 4 dental implants could be the solution. The benefits for patients include the following:

- Teeth are fixed in place and do not move. They cannot be removed by the patient.
- Ability to chew and function like natural teeth.
- Can replace complete set of teeth, in either jaw.
- Simple to remove by dentist when necessary (for maintenance/hygiene).
- Procedure completed in 2 days.

Before you begin treatment, you must discuss your current medical condition with your dentist. They will be able to advise you on whether dental implants will be a viable option depending on your situation.

AM I SUITABLE FOR ALL ON 4 DENTAL IMPLANTS?

All on 4 can be suitable for denture wearers who have lost their teeth sometime in the past. It can also be an option for people who are about to lose their teeth. This may allow a patient to progress to an all on 4 fixed solution without ever needing to wear a removable denture.

At your initial consultation, suitability will be further assessed with a cone beam CT scan. This creates a 3D image of the jaw, allowing assessment of bone volume for the procedure.

If you have been previously advised you do not have enough bone for the procedure, please consider a second opinion with Dr Grover, as advanced, graftless solutions are now available for almost all patients.

DENTAL IMPLANTS

Dental implants are the most advanced option for patients looking to replace missing teeth. An implant is a small titanium fixture that serves as a replacement for the tooth root of the missing tooth. Made from medical grade titanium and combined with a custom created crown, implants provide a secure and natural looking long-term replacement for the entire missing tooth including its root.

The success of implant-supported tooth replacement is corroborated by 20 years of clinical studies. These studies demonstrate that functionality and positive aesthetic outcomes are attained by the majority of patients with a cumulative complication rate of only 1% per year.

WHAT ARE THE BENEFITS OF DENTAL IMPLANTS?

Replacing a missing tooth with implant dentistry comes with a range of health benefits. Some of these benefits include:

Preventing other teeth from migrating

When you lose a tooth, the teeth on either side of the gap start to shift in an attempt to cover the gap. This is problematic as it can cause your teeth to become misaligned.

Looking after the health of your jaw

By replacing the tooth root with a dental implant, the growth-stimulating pressure is restored to your jaw.

Adjacent teeth won't have to be shaved

Unlike bridges, dental implants do not require existing healthy teeth to be shaved down.

Encourage healthy digestion

A missing tooth has negative impacts on your digestion. Replacing this gap encourages healthy digestion and in turn, benefits your overall health and well-being.

AM I SUITABLE FOR A DENTAL IMPLANT PROCEDURE?

Your suitability for the treatment is the most important aspect which influences the success of the procedure. As a successful dental implant patient, you need to have:

1

An adequate amount of jawbone: An adequate amount of jawbone needs to be present for successful osseointegration (when the implant fuses to the jawbone). If you do not have adequate jaw bone material, a bone graft can be carried out before implant dentistry.

2

Good oral health: You need to stick to a strict oral hygiene routine to ensure successful healing of your implant and to avoid gum disease and decay. Your oral health indicates whether you can handle the treatment as well as any potential risks or complications associated with implant surgery.

3

No presence of gum disease: Gum disease can cause a high risk of implant failure. If you do suffer from gum disease, it will first need to be treated before an implant treatment can begin.

If you are suffering from jawbone loss, gum disease or poor oral health, there are many things that can be done to prepare you for an implant procedure and turn you into a suitable candidate.



DENTURES

Live your life to the fullest with the comfort and security of high quality dentures

Our clinic offers a range of solutions to fit your needs when it comes to dentures.

You don't need to suffer from an uncomfortable device or worry about which foods you can eat with the many options for teeth replacement at Coast Dental. We will help you achieve a functional, beautiful smile.

TYPES OF DENTURES

ACRYLIC PARTIAL DENTURE

Acrylic partial dentures are a simple and affordable solution for a single tooth or multiple missing teeth in the upper or lower jaw.

The acrylic partial denture can fit closely against your gums and attach to the remaining natural teeth. This appliance helps prevent your natural teeth from shifting out of position so you can bite and chew properly, and maintain a beautiful, healthy smile.

COBALT CHROME DENTURES

Cobalt chrome dentures can be amazingly thin without losing their strength; an excellent feature for those who want to wear a less bulky denture. Cobalt chrome dentures are also the most hygienic device as they are less porous than acrylic, which helps accumulate less plaque and tartar.

A cobalt chrome metal denture has a combination of cobalt and chrome that is used to prevent corrosion. The metal is strong and light, making the denture much thinner and more comfortable to wear. This type of denture is particularly ideal for patients who may often damage their conventional dentures.

The cobalt chrome is obscured when you talk or smile. In addition, the important parts of the metal denture will be covered with a gum coloured acrylic. Cobalt chrome has many advantages to offer. Aside from being extremely tough, it is also less bulky and less porous than the average denture device.

COMPLETE DENTURES

A complete denture is an ideal tooth replacement option for patients who require all their teeth replaced in the upper or lower jaw. Your complete denture will have a natural, gum-coloured acrylic base plate which will support the replacement teeth.

The base plate comfortably fits over the gums and the design provides maximum retention. A lower denture is constructed in a horseshoe form, which covers the bony ridge used in supporting your natural teeth. An upper denture will cover the top palate to help offer good retention.

FLEXIBLE DENTURES

Flexible dentures are the ideal option for patients who have lost some but not all of their remaining teeth. If you find your acrylic partial denture frequently breaks, then flexible dentures may be the preferred option for you.

IMMEDIATE DENTURES

Immediate dentures can be used directly after teeth are extracted

At Coast Dental, we understand that during the process of getting dentures, you still need to go about your day-to-day business. In between tooth extractions, waiting for your gums to heal and getting your new dentures, it's important that you still have teeth. That's where immediate dentures come in, and, as the name suggests, they are put in 'immediately' after having tooth extractions.

IMPLANT RETAINED OVER DENTURES

While regular dentures are supported only by your gums, an implant-supported over denture is also attached to dental implants.

A dental implant is a titanium fixture that replaces the root of your natural tooth and is fitted to either upper or lower jawbone. It acts as a support for a prosthetic tooth or a denture.

WHY CHOOSE COAST DENTAL

Coast Dental understand how important your teeth are to your health

In our south Adelaide dental practice, there is no one-size-fits-all solution. Our team of dental professionals spend time with each patient to accurately assess your oral health and ascertain the most appropriate treatment for you.

The Coast Dental team are dedicated to providing healthy, aesthetic smiles and focus on improving the quality, function and appearance of your teeth.

DR NITISH GROVER B.D.S

Adv Dip in Oral Health [Adelaide]

Coming from a family of dentists, Dr Grover has worked for the private practice as an associate dentist with his father. He has great understanding in field of dentistry and has shown tremendous results as cosmetic dentist since joining Coast Dental.



Over the last few years, Dr Grover has become a key member and Principal dentist of the Coast Dental team and says he is thoroughly enjoying himself. He is a keen and enthusiastic clinician with a great passion for the art of dentistry. His main interest lies in cosmetic and restorative dentistry and full mouth rehabilitation/dental transformation.

He is a member of the Australian Dental Association and American Academy of Cosmetic Dentistry. Dr Grover has completed his Master Clinician Program in Implant Dentistry, a joint venture between UCLA and GIDE Institute of dental education in Los Angeles in 2012.

HAVE AN ENQUIRY?

Contact us on

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